

ALBEMARLE DISTRICT AL-ANON FAMILY GROUPS PRESENT:

**CHARLOTTESVILLE**

# SPRING WORKSHOP:

Two break-out sessions on:

**Sponsorship**  
**Discovering Choices**

**Al-Anon Speaker**  
**AA Speaker**

**KEEPING THE FOCUS ON OURSELVES**

**Saturday, April 14, 2018**

**WORKSHOP LOCATION**

**DRIVING DIRECTIONS:**

From I-64, take Exit 118B. Merge onto US-29 N. Take Rte 654/Barracks Rd exit. Turn left onto Barracks Rd. Turn right onto Georgetown Rd. Turn left onto Hydraulic. Unity will be on the left immediately following the traffic light. Workshop will be held in main building, downstairs. Elevator accessible.

**8:30am - 12:00PM**

**8:30AM Potluck Breakfast**  
**(Bring a dish if you can)**  
**Speakers start at 9:00AM**

Unity of Charlottesville  
2825 Hydraulic Rd  
Charlottesville, VA, 22901

**Open to all current and prospective members of Al-Anon, Alateen and AA**