

Virginia Area District Representative Report

Prepared for: 2025 March VAWSC

Date of Meeting: March 1, 2025

District Name and Number: Southside District 23

DR: Cindy Lamm

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Southside District 23 currently has:

- 5 total meetings
- District meetings are hybrid.
- The district meets every other month for 1 hour and 45 minutes

Events or Projects the District has completed since last meeting:

- Our district had a workshop September 21, 2024 entitled “Laughter is the Best Medicine: Changing our Negative Attitudes and Exploring the Ways That we can Heal and Grow in our Programs through Humor” which featured a recovery comedy skit, a musical number, a taco bar lunch, as well as Al-Anon and AA speakers.

Events or Projects the District is planning:

- Our district will be celebrating our 61st Birthday at our district meeting on March 15th by baking a coconut cake with vanilla icing!
- Our district is planning a recovery picnic with Al-Anon and AA speakers to be held in the beautiful outdoor campus of our district meeting place.

Successes:

- We held district and group elections and as a result:
- A new GR stepped up in service for our Tuesday Night AFG.
- A new District Treasurer stepped up in service.
- A district inventory has been distributed to members to help us improve in our service to the district.

Challenges:

- Our district is very large and it is a challenge to support start-up groups in the rural areas of the western part of our district. It takes patience and tenacity.

Goals:

- Finalize plans for our upcoming Recovery Picnic.
- Review our 2025 Online District Inventory results.
- DR will visit all of our group meetings in the district.

Things that are working well:

- Our meetings are healthy and newcomers are welcomed.

Things that need attention:

- 2 groups have CMA's but need GR's to step up in service.