

VA Area District Representative Report

Prepared for: VAWSC.

Date of Meeting: March 1, 2025.

District Name and Number: Roanoke/Alleghany District 21.

DR Name and email: Lisa S., Roanoke@vaalanon.org.

Submitted On: February 18, 2025.

Informational Items:

Total Al-Anon and Alateen Meetings:	17
Beginners Meeting:	1
Alateen Meetings:	2
Hybrid Meetings:	4
In-Person Meetings:	10
Virtual Meetings:	1

Current Updates:

- **Events/Projects Since Last Report:**
 - Public Outreach / In-Reach Committee: Distribution of AFAs, PSA Postcards, Three Views of Al-Anon Spoken Here:
 - Professional/Counselors, Schools, Libraries, YMCAs, Recovery Centers.
 - November 1, 2024:
 - Gratitude on Grandin: AA AND AL-ANON SPEAKER MEETING & POTLUCK.
 - August 9-11, 2024:
 - Area Convention was held in Roanoke vicinity and many members helped in coordinating this event.
 - AFG Meeting Anniversary Celebrations.
- **Current Events/Projects:**
 - Public Outreach / In-Reach Committee:
 - Continues to plan for events, including input from District, GRs in upcoming meeting (February 2025).
 - Continues to distribute AFAs, PSA Postcards, Three Views of Al-Anon Spoken Here.

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- Encouraging AFGs to celebrate anniversary events for their groups with speaker meetings or other activities.
- The District will host two workshops – one in the spring and the other in the fall.
- Alateen Group: One Alateen group is trying to start a meeting in a public library adjacent to a local high school. At the moment, no teens have attended but literature is out, slogan tent signs are around and sponsors are circulating amongst the kids when they come in after school. We'll see how this goes.
- **Successes – none too small or too large to share!**
 - For Panel 65 District 21:
 - Nearly All Coordinator and Officer positions are filled: The Events Coordinator Position is Open.
 - Nearly All groups have a GRs. There are new GRs who have stepped forward in-service.
 - Re-organized District agenda placing Group reports or agenda focused topic first, then Officer and Coordinator reports.
 - In-Reach Meetings for Members, Hybrid and Virtual Meetings.
 - Newcomer Meeting.
 - February: Reviewing Format / Approach – Group Conscience.
 - Meetings Experiencing More Newcomers.
 - New Members Stepping Up In-Service.
- **Challenges:**
 - Continuing Growth in Alateen Meetings, as well as attracting newcomers.
- **Goals:**
 - Growing outreach, service opportunities / Al-Anon recovery, and continuing a healthy District and AFGs.
- **What is Working Well?**
 - Outreach, new GRs, Officers, Coordinators growth and stepping forward, wealth of Al-Anon experience within the District.
- **What Needs Attention?**
 - Alateen Participation / AMIAS: District 21 has four (4) Active Sponsors for Alateen and six (6) registered (AMIAS). District Coordinator and meetings are announcing the need for male AMIAS as well.