

VA Area District Representative Report

Prepared for: 2024 Fall VAWSC

Date of Meeting: August 3, 2024

District Name and Number: Nansemond (District 12)

DR Name: Meg Page (megkpage@gmail.com)

Submitted on: July 15, 2024

District Meeting: 3rd Monday of each month via Zoom (except May and October)

Group Meetings:

Active Meetings: 8 Al-Anon and 1 Alateen

Face to face: 8

Hybrid: 0

Virtual only: 0

Inactive: 1

Successes:

- Fellowship – Held our semi-annual in-person dinner meeting in June.
- Outreach
 - 2 members participated in the Smithfield Rotary's upcoming Vibrant Emotional Health Expo (under the "Freedom Over Addiction" section) on May 13th. Met a lot of people, distributed literature, and made lots of contacts.
 - 2 members participated in the Impact Mental Health Services health fair on May 23rd. They talked with a lot of folks, distributed literature, and gave away some merch from the ASCT.
 - *Thank You* to the ASCT for your generous support of our outreach efforts!
- Alateens
 - 3 Alateens and 1 AMIAS will be attending MEAC. We're very excited for them!

Goals:

- Our outreach efforts identified the need for Al-Anon groups in Smithfield and Portsmouth.
- Election of new officers prior to the Fall Assembly.