

# **!WELCOME WELCOME WELCOME!**



## **Join us for GR 101 Session VI**

**Al-Anon  
guidelines**  
The Shared Experience of Al-Anon and Alateen Members.

**Sunday, September 22, 2024**

**3:00-5:00pm**

**Interactive!**

**Bring your questions**

**New, Alternate, and Seasoned GRs**

**All are welcome!**

**Information about important topics for the upcoming assembly, including service structure, upcoming election assembly, and balancing service and recovery**

<https://vaalanon.webex.com/vaalanon/j.php?MTID=m1cd02927b6149c522a6ab7dff8a97162>

Meeting number: 2308 023 4186 Password: 057-GR101