

## VA Area District Representative Report

Prepared for: 2024 August VAWSC

Date of Meeting: August 3, 2024

District Name and Number: Southside District 23

DR: Cindy Lamm

DR email: [southside23dr@gmail.com](mailto:southside23dr@gmail.com)

Southside District 23 currently has:

- 5 total meetings
- District meetings are hybrid.
- The district meets every other month for 1 hour and 45 minutes.

Events or Projects the District has completed since last meeting:

- Wednesday Morning Oasis AFG celebrated their 45th anniversary!

Events or Projects the District is planning:

- Our district will have a workshop September 21, 2024 entitled "Laughter is the Best Medicine: Changing our Negative Attitudes and Exploring the Ways That We Can Heal and Grow in our Programs through Humor" which will feature a recovery comedy skit, a musical number, a taco bar lunch, as well as Al-Anon and AA speakers.

Successes:

- We have stable groups with a lot of laughter.
- A new GR stepped up in service to complete the term for Lake Country AFG.

Challenges:

- Our newest group, New Beginnings AFG in Victoria, closed.

Goals:

- To hold district and group elections and members step up to fill our service positions.

Things that are working well:

- Our district is financially sound and meetings are well attended.

Things that need attention:

- Volunteers for service are needed.