

# A Very Warm Welcome

## *Finding Our Joy*

### 2024 Convention Schedule

#### Friday

3pm	Registration opens
4pm	Hotel check-in
4:45pm	Releasing Fear & Letting Go (workshop) Trusting the Process: 12 Steps in 15 Minutes (workshop)
6pm	Dinner on your own
8pm	Al-Anon speaker
9pm	Night Owl Meetings

#### Saturday

7am	Early Bird Meetings
8am	Breakfast on your own
10am	AA speaker
11:15am	Releasing Fear & Letting Go (workshop) Trusting the Process: 12 Steps in 15 Minutes (workshop) Finding Our Joy (workshop)
12:30pm	Lunch on your own
1:45pm	Writing for the Forum (workshop) Journaling for Recovery (workshop) Mediation in Recovery (workshop)
3pm	Free Time
3pm	Finding Our Joy – CAL (workshop)
3:30pm	Guided Tour of Natural Bridge (cost \$7, time 90 min)
6pm	Dinner (included with registration)
7:45pm	Silent Auction closes
8pm	Al-Anon speaker
9pm	Contra Dance
9pm	Dark Sky event at State Park
10pm	Night Owl Meetings

#### Sunday

7am	Early Bird Meetings
8am	Breakfast (included with registration)
9am	Silent Auction pickup and pay
10am	Al-Anon spiritual speaker
11am	Convention closing and hotel check-out