

!WELCOME WELCOME WELCOME!



Join us for GR 101 Session III Sunday, April 16, 2023

Al-Anon
guidelines
The Shared Experience of Al-Anon and Alateen Members.

2:00-4:00pm

Interactive!

Share your questions

New, Alternate, and Seasoned GRs

RSVP: <https://www.surveymonkey.com/r/MX2T7BC>

All are welcome!

**Information about Spring Assembly, Healthy Groups,
Responsibilities and Resources**

<https://vaalanon.webex.com/vaalanon/j.php?MTID=m1cd02927b6149c522a6ab7dff8a97162>

Meeting number: 2308 023 4186 Password: 057-GR101