

Hello Everyone,

This is a welcome and a reminder that the third GR 101 Session III workshop is coming Sunday, April 16th, 2:00-4:00 pm. You don't need to have been at the first or second to attend this one. If you haven't already RSVP'd, please let us know you are coming by replying to me, efetterly@cox.net.

Please join us @

<https://vaalanon.webex.com/vaalanon/j.php?MTID=m1cd02927b6149c522a6ab7dff8a97162>

OR

<https://signin.webex.com/join> Meeting number: 2308 023 4186 Password: 057-GR101

~Please **SignIn** to WebEx as **GUEST** and add your District name to your name. ex. Ellie-Norfolk

Useful links and documents are posted on the VA Area website and can be found at <https://www.vaalanon.org/GR101>.

There is also a new addition of the Service Manual (2022-2025). It is available online at <https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/>.

Please share this email with anyone I may have missed. All are welcome! See you there!

Send questions to efetterly@cox.net

Feel free to invite anyone interested in service!

Thank you for sharing the message,

Ellie Fetterly, VA Area Alternate Delegate