District Representatives Information February 26, 2023, 2-4pm via Webex DR 101: 2023 Session 1 Agenda

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*All Sessions will be recorded (audio only) for those who cannot join in real time.

1. Introductions:

- a. Past Delegates/Officers
- b. Current Delegate/Officers
- c. DRs/Alt DRs
- d. District Officers & Members

2. Alternate DR Responsibilities

- a. Service Manual (P-24/27)
- b. District Representative (G-37)
- c. District Job Descriptions
- d. List of possible jobs:
 - 1) Steps in when DR is not available.
 - 2) Service Center Liaison (including Assemblies)
 - 3) Discuss upcoming meetings.
 - 4) Communications and visits with Groups as needed.
 - 5) Help and encourage new GRs as needed.
 - 6) Help find calm in minor disputes to get to Teamwork.
 - 7) Ice Breaker at start of District Meeting
 - 8) May serve as Treasurer, Secretary or Public Outreach Contact.
- e. Creative Thoughts?

3. Budget/Treasurer's Report

- a. Virginia Al-Anon/Alateen Group and District Treasurers Guidelines.
- b. Warranty One
- c. Reserve Fund Guidelines (G-41)
- d. Live District Meeting District Budget/Treasurer's Report
- e. History Budget vs Actuals
- f. District Objectives/Goals or plans for the year.
- g. Income Commitment
- h. Notes recording decisions that affect Treasury.
- i. Carryover/ Prudent Reserve (3-6 months)/Savings Account

4. Assembly Business

- a. Groups info to Assembly Assembly info to Groups
- **b.** Motions Process
- c. Long Range Planning Committee Process
 - 1) Committee serves at the discretion of the Virginia Area Chairperson. The Committee evaluates long range goals for the Area and explores special topics as determined by the Area

Chairperson. It also ensures Area goals are in keeping with the Al-Anon Traditions and Concepts of Service. The LRPC Chairperson or designee will report the Virginia Area Assembly whenever it shall meet.

2) Examples of Projects – Assembly Hotel moves, Area Corporation 501 (C), Electronic Meetings Policy, Boundaries Policy, Website Software Upgrade, Documents Storage, Members Only Website page.

5. Team Building

- a. Within and Neighboring Districts
- **b.** Helping Hands to the Community
 - 1) Health Care
 - 2) Police/Judicial/ Lawyers
 - 3) Counselors/Theropist
 - 4) Fire/Ambulance Rescue
 - 5) Health Fairs/ Conventions/ Conferences/ Symposiums

6. Concepts

- a. One The Ultimate Responsibility and Authority for Al-Anon World Services Belongs to the Al-Anon Groups.
- Two The Al-Anon Family Groups Have Delegated Complete Administrative and Operational Authority to their Conference and its Service Arms.

7. Questions/Comments