

Fall 2022 GR Opening Session

I. Welcome and Introductions

II. Back to Basics

A. Resources

1. Website Addresses: WSO – www.al-anon.org; Virginia Area – www.vaaanon.org; Northern Virginia Service Center – www.alanonva.com; Tidewater Service Center – <http://www.tidewaterasc.org/>
2. *Al-Anon Guidelines*, [G-11](#)
3. *2022-2025 Service Manual* Group Representative page 59, GR Suggested Duties
4. “[GR Guide to Assembly](#),”
5. Structure [Chart](#)

B. Literature

1. GRs and the pamphlet [Why Conference Approved Literature](#)
2. GRs serve as local representatives of *The Forum*: does your group now have a group subscription?
3. ALL CAL Daily Readers are available online as well as other CAL Books

C. Meetings

1. GR oversees Group Records for the group!
2. [Group and District #s](#)

D. Service

1. *2022-2025 Service Manual*, pages 144, GR Assembly Duties
2. *How Al-Anon Works*, Twelve Concepts of Service, Chapter 17
3. Taking Assembly information back to your group:

II. “Commonalities of Wildly Successful Groups” [handout](#)

Discussion

III. Business Meetings – *Service Manual*, pages 46-49

IV. Group Conscience – *Service Manual*, page 48

- A. Tradition Two: *For our group purpose there is but one authority – a loving God as He may express himself in our group conscience. Our leaders are but trusted servants – they do not govern.*
1. See *Paths to Recovery*, page 147, for difference between leading and governing.
 2. *Service Manual*, page 48-49, definition of a group conscience.
- B. Warranty Three: *That all important decisions be reached by discussion, vote, and whenever possible, by substantial unanimity.* (*Service Manual*, page 220).
- C. “[GR Guide to Assembly](#),” page 4, under ‘Decisions’, the Informed Group Conscience process, as practiced in our Assemblies.

Written Assignment: Get contact information from 2 of your fellow GRs.

1. _____

2. _____

Set a time to connect at least twice between now and the Spring 2023 Assembly to discuss your group's experience and practice of Group Business Meetings and Group Conscience.

Next time: For the Spring 2023 Assembly, we will be looking at Group Inventory. Please read page 53 in your Service Manual on Group Inventory. Also please read the WSO Guideline 'Taking a Group Inventory,' G-8a and G-8b (free download from either the WSO or the Area websites).