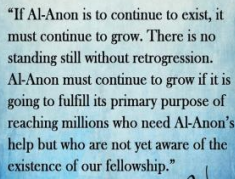


VA Area 057-002 District Representative Report
10/03/22



"If Al-Anon is to continue to exist, it must continue to grow. There is no standing still without retrogression. Al-Anon must continue to grow if it is going to fulfill its primary purpose of reaching millions who need Al-Anon's help but who are not yet aware of the existence of our fellowship."

-Lois W.

District Name & Number: Springfield Annandale District 057-002

Meeting Status: Nine active meetings, eight active groups—one group has two meetings. We have one in-person, three hybrid, five online only, and two inactive meetings.

District Representative (DR) Name and Contact Information: Chris B (cbnp15@verizon.net), 703-389-1405.

Submitted on 09/23/2022.

Events/Projects since last Assembly:

- **Delegate visit.** Stacy L visited the July district meeting and provided context to a discussion about District funds and highlighted the WSO's continuing interest in electronic meetings.
- **GR resignation.** One group lost a GR who was working in a temporary capacity and resigned in July 2022. A member volunteered to be the new CMA, a position vacated with the GR resignation.
- **Springfield 12&12 AFG,** Sunday Night meeting has successfully transitioned to a hybrid meeting.
- **DR attended the Northern Virginia Service Center DR picnic** on 16 July which led to Annandale/Springfield, Arlington, Falls Church/McLean/Vienna Districts agreeing to sponsor an in-person breakfast for all Al-Anon members.
- **Successful breakfast jointly sponsored** by Arlington and Falls Church/McLean/Vienna occurred on 21 August 2022. The purpose was to facilitate face-to-face relationships and foster greater interest in service.

Events or projects the District/Group is planning:

- **Hug and Cookie Workshop:** The District is organizing the Hug & Cookie Workshop.
- **Second breakfast jointly sponsored** by Arlington and Falls Church/McLean/Vienna scheduled for 23 October, location TBD.
- **Outreach:** District discussed conducting joint outreach activities with NVSC Outreach coordinator.

Challenges/Things that need attention:

- Fostering a culture of service: filling permanent DR position, four GR positions, District Secretary, District Outreach coordinator.
- Establishing outreach plan for District.
- Encouraging Alateen sponsorship.
- Supporting transition of more groups to in-person meetings and retaining online members possibly through hybrid meetings.