

February 18, 2023

Virginia District Representatives,

Good evening, next Sunday afternoon, February 26, 2023, from 2:00 to 4:00 pm, please join us for the DR 101 2023 Session 1, as discussed in Debbie P. (Virginia Chair) email dated February 4, 2023. The session is open for District Representatives and Alternate District Representatives; however, any District member is welcome, and any interested Al-Anon member is welcome. Bring your District officers or anyone who may be considering service as a DR in the future. GRs are welcome too. I look forward to seeing you all there in Service.

I also want to thank Terry W., Past Delegate, Panel 59 for the great Service to the three DR101 Sessions in 2021. As we moved into 2022 Assemblies, you guys shared that you loved the DR101 Sessions and would like to continue them, so again thanks to Terry for setting these in motion to success.

In this Session we will discuss the role of the Alternate DR and creative ways they can serve the district. We will enter a live District Meeting during the formation of a Budget and Treasurer's report. Please come ready to participate and give us feedback as we would like to bring a similar live session to the District Treasurer's and Group Treasurer's. Next, we will explore the Assembly Business opportunities with some understanding of the Long Range Planning Committee (LRPC) and then finish up with sharing some Team Building ideas.

The session will be recorded (audio only) for those unable to join in real time. Like previous Sessions, all documents will be posted on the VA Area website, www.vaalanon.org, under Members – DR101. Watch the Area website for the posting. The WebEx link will be posted there as well. Bring your Service Manual, hard copy, or virtual copy! Please share this email with anyone I may have missed. All are welcome! See you there!

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